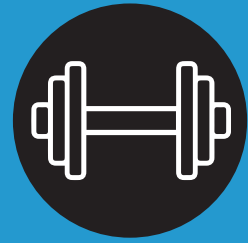


# 2021



# 2022



# PROGRAM GUIDE



**DOWNLOAD OUR NEW APP  
FOR EASY REGISTRATION!**

29350 NORTHWESTERN HWY. • SOUTHFIELD, MI 48034

(248) 352-8000 • [FRANKLINCLUB.COM](http://FRANKLINCLUB.COM)

# CONTACT US

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**FRANKLINCLUB.COM**

**29350 NORTHWESTERN HWY.**

**SOUTHFIELD, MI 48034**



# MEMBERSHIP



"I am very fortunate to live so close to a full service premium facility. Not only are their facilities and programs fantastic, their staff is pleasant as well. Love going there and highly recommend Franklin Athletic Club"

**-Bill Atkinson**

Franklin Athletic Club is the place to be if you are looking for a fitness community where everyone is welcome and supported in their pursuits of living a healthy, well-balanced life, while having fun. We are an inclusive club that is committed to our members' success, by providing a state of the art fitness experience for all ages. Franklin is consistently voted Best Tennis Club by HOUR Magazine—we have veteran tennis pros who offer the tips needed to up your game. We are one of the few clubs in the heart of Oakland County that offers indoor tennis, racquetball, and squash courts. We also are committed to building a strong foundation for fitness with our youngest members. Our children's programs are year-round and are designed to enhance developmental skills specifically by age group for our members ages 2 months to 18 years old. Conveniently located close to both residential and business communities in the 696 corridor, it's easy to make Franklin part of your daily routine.



## VALUE



## FAMILY FOCUS



## COMMITMENT



## AMENITIES

### THE FRANKLIN VALUE

- Locker rooms with full amenities including steam, sauna and whirlpool
- Complimentary Group Fitness Classes
- Full service on-site childcare
- Discounted member rate for all children's programming
- Year-round children's classes offered at no additional cost for select classes
- Membership includes free racquetball & squash court time
- Members have access to reserve or walk on tennis courts for half off

### EARLY CHILD DEVELOPMENT OFFERINGS

- Onsite preschool centered on academics with certified teachers specializing in early child development
- Includes daily fitness such as swimming, tennis, and yoga taught by our FAC Certified Fitness Instructors onsite.
- Enrichments are also included at no additional cost such as: Spanish, Music, Art Class, Drama, and Library onsite during the school day
- Tot Programs, School break Camps, Basketball, Kids Fitness, Parties, Kids Night Out Events, Tennis, Gymnastics and more!

### COMMITMENT TO OUR MEMBERS' SUCCESS

- High level professional staff and trainers
- Programs providing instruction on the proper form to deliver the best results
- DMC rehabilitation services—to help get you back to your level of fitness

### CLUB AMENITIES

- Indoor and Outdoor pools including a kiddie pool with zero depth entry
- State of the Art fitness studio
- 13 indoor tennis courts
- 5 racquetball and 3 squash courts
- Two full size basketball courts that are home to Pistons Academy Basketball: offering youth skills and camps
- Newly remodeled TRX Studio
- Indoor walking/running track
- Aquatics Program—from swim lessons to swim training
- Banquet and party facilities with full liquor license



Visit [pistonsacademy.com](http://pistonsacademy.com) for more information and to register.

## MINI-HOOPERS (KINDERGARTEN-1ST GRADERS)

For boys and girls currently in Kindergarten-1st Grade, this youth basketball league is designed to introduce young athletes to the sport in an organized, team setting. Players will learn the rules of the game, the fundamental skills necessary to play, and how to be a valuable member of their team. This introductory league will feature age-appropriate rules and equipment to maximize skill development, while also teaching young players how to perform in a team setting. Each week will include 30-minutes of practice, followed by 30-minutes of scrimmaging and games. The season ends with a Pistons Academy "Big Game" and features guest appearances from popular Pistons personalities. All players receive a league jersey, a season-ending award, and a free ticket to a Detroit Pistons home game.

**TIME:** Saturdays, between 10am-1pm

**FALL SEASON DATES:** October 30 – December 11 (Off November 27)

**WINTER SEASON DATES:** Dates TBA

**SPRING SEASON DATES:** Dates TBA

**PRICE:** \$140

## ROOKIE LEAGUE (2ND, 3RD, BEG. 4TH GRADERS)

The Pistons Academy Rookie League is designed to expose players to competition in a controlled, team setting. Players are placed on a team via a player draft and will learn fundamental basketball skills throughout the season. Most games and practices will be held on Thursday evenings (there may be an occasional game or practice on a Wednesday). Each team qualifies for the playoffs and all participants receive a Pistons Academy jersey, a season-ending award, and a free ticket to a Detroit Pistons home game. Beginner 4th graders may register with League Director approval.

**TIME:** Thursdays, between 5:50-8:20pm (Occasional Wednesdays)

**FALL SEASON DATES:** October 14 – December 16 (Off November 25)

**WINTER SEASON DATES:** Dates TBA

**SPRING SEASON DATES:** Dates TBA

**PRICE:** \$150

## PREP LEAGUE (4TH & 5TH GRADERS)

The Pistons Academy Prep Division is a competitive league designed for boys of all skill levels in grades 4-5. Players register as individuals and are placed on a team via a player draft. Participants will learn team concepts and fundamental skills throughout the season. Most games and practices will be held on Saturdays between 10:30am-3:30pm (there may be an occasional practice on Tuesday evenings). Each team qualifies for the playoffs and all participants receive a Pistons Academy jersey and season-ending award.

**TIME:** Saturdays, between 10:30am-3:30pm (Occasional Tuesdays)

**FALL SEASON DATES:** No fall season for this program

**WINTER SEASON DATES:** Dates TBA

**SPRING SEASON DATES:** Dates TBA

**PRICE:** \$155





PRESENTED BY **Kroger**



Visit [pistonsacademy.com](http://pistonsacademy.com) for more information and to register.

## ROOKIE SKILLS CLINIC (1ST – 3RD GRADERS)

The Pistons Academy Rookie Skills Clinic will feature top Pistons Academy coaches conducting an hour of basketball instruction designed for boys and girls in grades 1-3. Throughout this 7-week program, players will learn different skills through fun and challenging drills. This is the perfect program to either start your young child's basketball career or to refine the skills they already have! All participants receive a Pistons clinic shirt and compete for Pistons merchandise and giveaways.

**TIME:** Tuesdays, 6:15-7:15pm

**FALL SEASON DATES:** October 12 – November 23

**WINTER SEASON DATES:** Dates TBA

**PRICE:** \$135

## LEGENDS LEAGUE (9TH & 10TH GRADERS)

Get ready for your high school season with the Pistons Academy Legends League! Boys in grades 9-10 will have three practices and six games during the season, all on Saturdays. The season will conclude with a playoff tournament. All players receive a free ticket to a Detroit Pistons home game.

**TIME:** Saturdays between 10am-3pm

**DATES:** September 25 – November 13

**PRICE:** \$160

## PISTONS ACADEMY HOLIDAY HOOPMANIA CAMP

The Pistons Academy Holiday Hoopmania Camp at Franklin Athletic Club is the perfect way for your young basketball player to spend their holiday break! Boys and girls in grades 3-8 are invited to celebrate the holiday season with the Pistons Academy staff of coaches and camp counselors. With plenty of prizes and giveaways, you will not want to miss this fun and exciting camp! Open to players of all skill levels, the Holiday Hoopmania camp will focus on skill development, game play, and various contests and competitions. There is no better way to ring in the New Year than with a little Detroit Basketball!

**GRADES:** 3rd–8th

**TIME:** 9am–3pm

**DATES:** TBA

## GIRLS PROGRAMS

**DATES:** SPRING ONLY - Take place in April-June (mostly Friday nights)



# SPORTS & ACTIVITIES

29350 NORTHWESTERN HWY. SOUTHFIELD, MI 48034 • DBOSCH@FFRC.NET • (248) 352-8000 EXT. 314



## ITK BASKETBALL

For more information regarding ITK Leagues, please visit [ITKintheKnow.com](http://ITKintheKnow.com) or email [bdorsey@itkintheknow.com](mailto:bdorsey@itkintheknow.com).

**ITK Fall League Registration is open from September 4, 2021 until October 9, 2021. The registration fee is \$160.**

**ITK Free Open House/League Prep:** Saturday, September 4, 2021 (3pm-5pm) Boys Ages 15 & Under

• **ITK Boys Open Run:** Saturday September 11, 18, 25 and October 2, 9 (3pm-5pm) Fee: \$8

• **ITK Breast Cancer Awareness Basketball Game:** October 16, 2021 (5pm Gametime (2hrs)) Ticket Fee: \$10 For adults, \$5 for kids, 2 and under are free.

• **ITK League Games Begin:** Saturdays, October 23-December 11, 2021 3pm-6pm

• **ITK Winter Basketball Camp:** December 27-31, 2021 (9am-3pm)

• **ITK Mid-Winter Sports Clinic:** February 21-22, 2021 (9am-3pm)

• **ITK Spring Break Basketball Camp:** March 28-April 1 (9am-3pm)

## PRIVATE BASKETBALL LESSONS

**Private Lessons:** 1 on 1 training with a coach. An hour of skills development and focused training.

**Member:** \$60

**Non-member:** \$70

**Semi-Private Lessons:** Groups of 2-4. An hour of individual skill and group development with a coach.

**Contact [dbosch@ffrc.net](mailto:dbosch@ffrc.net) to inquire. Pricing and availability will vary based on the instructor.**

## COURT RENTALS

Rent out a full court or half court for a practice, get together, and more. For prices and availability, please contact [franklinclub@ffrc.net](mailto:franklinclub@ffrc.net)

## BASKETBALL SHOOTING MACHINE

\$30/hour (up to 2 people)

\$15/hour per additional person



## FRANKLIN GIRLS BASKETBALL LEAGUE

**GRADES:** 4-6

**DATES:** 9/24-11/12

**TIME:** Fridays from 5:30-8pm

**COST:** TBD

More leagues to come. Visit [Franklinclub.com](http://Franklinclub.com) for more programming.



(248) 352-8000 ext. 224

[Lessons@RoyalSwimming.org](mailto:Lessons@RoyalSwimming.org)

[www.RoyalSwimming.org](http://www.RoyalSwimming.org)

\*All prices are based on a 30 minute lesson.\*

Multi-Sibling Discounts Offered for Group Classes: 10% off 2nd child and 5% off each additional child.

As a member of Franklin Athletic Club, you will receive \$5 off all Royal Swim School group lessons.

### Group Lessons

\$79/mo. – One lesson per week

\$144/mo. – Two lessons per week

### Parent Tot

\$72/mo. – One lesson per week

### Private Lessons

\$40/mo. – Single Lesson

\$138/mo. – Monthly Private – One lesson per week

\$230/mo. – One Hour Lesson – One lesson per week

### Semi-Private Lessons

\$109/mo. – One lessons per week

**Annual Registration** (Registration comes with new goggles and a swim cap or towel.)

\$15 per swimmer.



# FRANKLIN ATHLETIC CLUB

29350 NORTHWESTERN HWY  
SOUTHFIELD, MI 48034  
(248) 352-8000

☐ Member  
☐ Non-Member

## CLASS REGISTRATION FORM

Name of Class or League			Day of Class		Time of Class						
Session I <input type="checkbox"/>		Session II <input type="checkbox"/>		Session III <input type="checkbox"/>		Session IV <input type="checkbox"/>		Session V <input type="checkbox"/>		Session VI <input type="checkbox"/>	
Name of Child				Age		Birthdate					
Parent's Name											
Home Phone				Cell Phone				Emergency Number			
Email Address				Address, City, Zip							
My Child May be Released to											
Allergies or special information regarding my child											
Credit Card (Mandatory to have a card on file)								Exp. Date			

In consideration of being allowed to participate in any party and/or program at Franklin Athletic Club/Franklin Academy, the undersigned, on his or her behalf, and on the behalf of the participant(s) identified below, acknowledges and agrees to the following conditions:

- I represent that I am the parent or legal guardian of the participant(s) listed below, or I have obtained permission for the parent/legal guardian of the participant(s) listed below to execute this agreement on their behalf:
- The risk of injury to participant(s) may exist in this program and which particular rules, equipment and personal discipline may reduce the risk, the risk cannot be completely eliminated in injury is possible.
- I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases' or others and assume full responsibility for my participation.
- I willingly agree to comply with the stated and customary terms and conditions for participation and if I observe any unusual significant hazard during my presence or participation, I will remove myself and bring such to the attention of the nearest official immediately.
- I for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, indemnify and hold harmless the Franklin Athletic Club/Franklin Academy, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premise used to conduct the event ("releases"), with respect to any and all injury, disability, death, or loss or damage to personal property, whether arising from negligence of the release's or otherwise, to the fullest extent permitted under law.

I HAVE READ THE RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT FULLY AND UNDERSTAND ITS TERMS AND UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY ACCEPTING IT AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signature

Date

**No Refunds**

**Participant must be member to receive discount**